

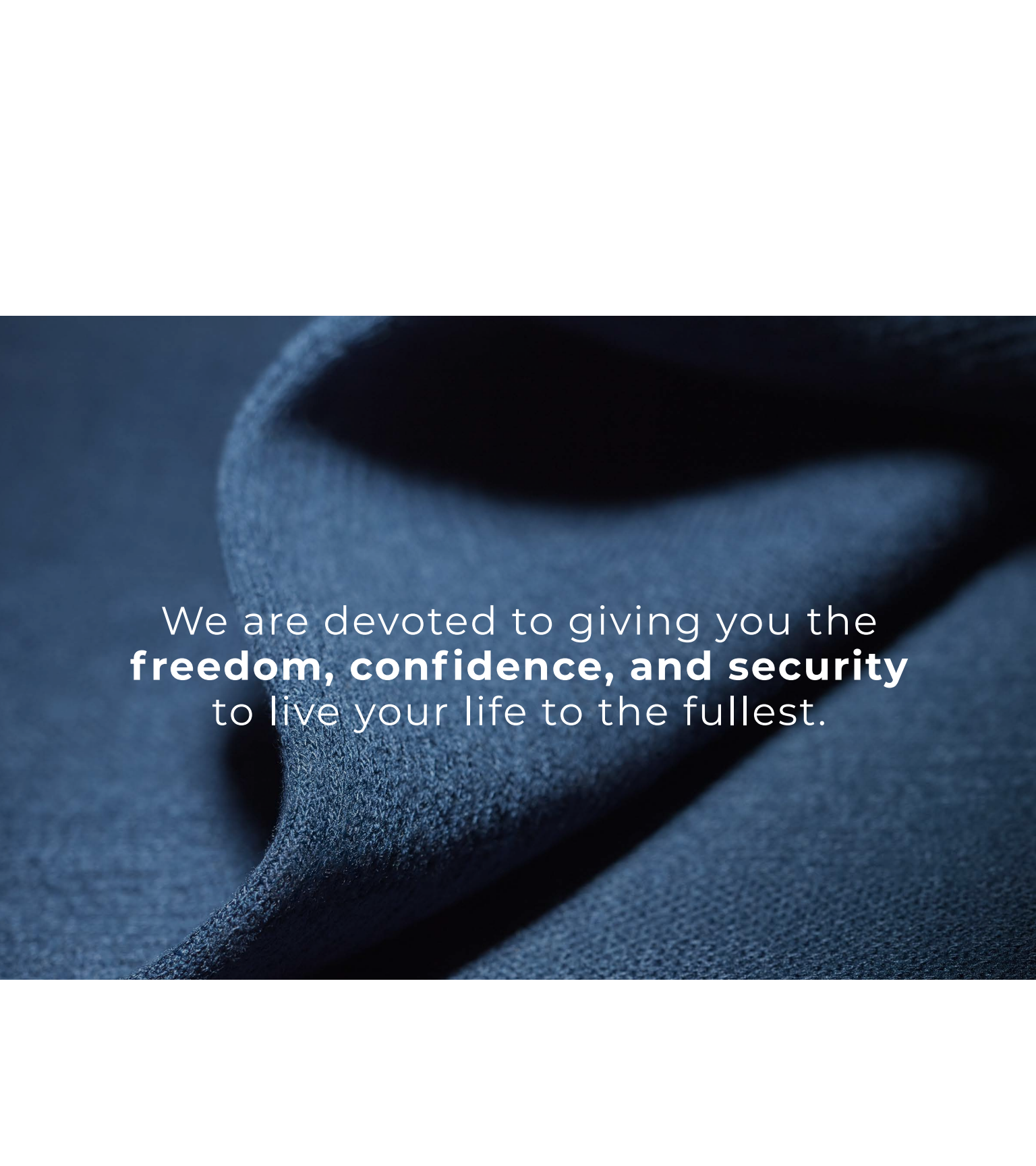


Live **your** life. Be **yourself**.

[sigvaris.com](https://sigvaris.com)

The global leader in  
compression therapy

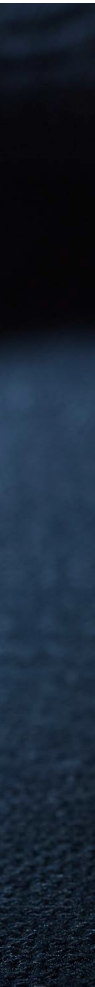
SIGVARIS  
GROUP



We are devoted to giving you the  
**freedom, confidence, and security**  
to live your life to the fullest.



SIGVARIS  
GROUP



Choice is empowering. That's why SIGVARIS GROUP offers styles and patterns that let you be you. We use the world's most premium yarns so you can express your personality while enjoying the clinically proven benefits of compression every day, no matter what the day calls for.

**With over 150 years of success,  
we are looking towards the future**

We are renowned for making exceptional products that combine advanced technology like double covered yarns and quality craftsmanship with diverse styles that fit our modern customers' lives.

Our reason why is you. We want you to live a better life, do what you love and feel your best. So, go further with every step in Sigvaris.

## sigvaris

### MEDICAL SOCKS AND HOSIERY

Sigvaris offers compression socks and hosiery in an assortment of fabrics and styles designed to fit your life. We offer sizes from petite to plus in two lengths to give you a great fit in all of our medical products.

### SOLUTIONS FOR MEDICALLY COMPLEX EDEMA

For lymphedema and wound care management our wide range of solutions will support you day or night.

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## SIGVARIS WELL BEING

Want an easy way to get the energizing feeling of compression? Our Well Being socks and hosiery make shopping for 15-20mmHg compression simple with a sizing system based on your shoe size.

# Live healthier with Sigvaris



## WHAT IS CHRONIC VENOUS INSUFFICIENCY (CVI)?

CVI occurs when the veins in your legs are not working effectively to return blood to the heart. Thankfully, our socks and hosiery are clinically proven to help provide relief.<sup>1</sup>

### Common Symptoms:

- Heavy, tired, or aching legs
- Initial signs of varicose veins
- A feeling of tension, cramps, or fatigue in your legs
- Swollen ankles or feet
- Spider veins or varicose veins
- Skin discoloration or problems
- Leg ulcer



### Am I at Risk for Chronic Venous Insufficiency?

Risk factors include:

- Family history of CVI
- Age 40 or older
- Obesity
- Sitting or standing several hours a day
- Long distance travel
- Pregnancy
- Surgery or Trauma
- History of Deep Vein Thrombosis (DVT)

*Up to 50% of adults suffer from venous insufficiency<sup>2</sup>*

## HOW MUCH COMPRESSION & WHY?

### 15–20mmHg is ideal for:

- Tired, aching legs
- Occupational or evening edema
- Leg discomfort from long hours of standing or sitting
- Prophylaxis of varicosities & swelling during pregnancy
- Prophylaxis for legs predisposed to risk
- Edema management during travel
- Prophylaxis of DVT during travel

### 18–25mmHg is ideal for:

- Diabetics who experience edema

### 20–30mmHg is ideal for:

- Heavy, fatigued, aching legs
- Mild edema in lower extremities
- Mild varicosities with minimal edema
- Mild varicosities during pregnancy
- Post-procedure of small veins
- Prevention or management of DVT

### 30–40mmHg is ideal for:

- Moderate varicosities with moderate edema (also during pregnancy)
- Post-procedure of larger veins CEAP C3, C4, C5, C6<sup>3</sup>
- DVT or Post-Thrombotic Syndrome
- Superficial phlebitis Lymphedema after decongestant therapy
- Orthostatic /postural hypotension
- Post-traumatic edema



## STAY ACTIVE. PUSH YOURSELF.

Why have our products gained the attention of athletes and physicians? It's because compression has been proven to reduce swelling and reduce recovery times so they can get back on the game faster.



## TRAVEL MUCH?

Business travelers & long haul drivers are at high risk for DVT because of the long hours they spend sitting still.

## WORK SMARTER, NOT HARDER

Did you know one out of five working men and women have leg problems? This results in more than two million lost work days every year. A simple change of socks can help workers avoid leg pain and become more productive in the workplace.<sup>4</sup>



## DEEP VEIN THROMBOSIS (DVT)

A DVT is a blood clot that usually forms in your leg or calf which blocks the flow of blood. Symptoms of a DVT include leg pain and tenderness with swelling and redness in the affected leg but, sometimes a DVT shows no signs at all. If left untreated, a blood clot can break loose and travel to your lungs. This instance is known as a Pulmonary Embolism (PE) and can be deadly.

900,000  
PEOPLE ARE AFFECTED BY  
DVT/PE EVERY YEAR

- Centers for  
Disease Control  
and Prevention



## DIABETES

*Compression socks (18–25mmHg) have been clinically proven to reduce swelling and help diabetic patients live a more active lifestyle.<sup>5</sup>*

## SIGVARIS GROUP NOW OFFERS SOLUTIONS FOR LYMPHEDEMA MANAGEMENT

It is estimated that 10 million people suffer from Lymphedema in the U.S. every year.<sup>6</sup> Lymphedema is a disease in which the lymph fluid does not drain properly. Most often it affects an arm or leg, but it can also affect other parts of the body such as the head and neck. Untreated venous insufficiency can progress into a combined venous/lymphatic disorder.

## Risk Factors for Lymphedema Include:<sup>7</sup>

- Morbid obesity
- Surgery or trauma
- Lymph node removal
- Radiotherapy
- Family history
- Recurrent Cellulitis
- Post-Thrombotic Syndrome



Essential

**Socks & Hosiery**

Get back  
to basics



# sigvaris

The design and style of the Essential line combines support and reliability into comfortable, everyday stockings. This line is perfect if you travel long distance for work or if you just need a consistently comfortable sock. This garment will be your new go-to if you're looking for traditional therapeutic hosiery.

## Cotton



## Opaque



## STYLES & COMPRESSION LEVELS

### Cotton

20-30, 30-40mmHg  
(Open & Closed Toe)  
Knee-highs & Thigh-highs

### Opaque

20-30, 30-40mmHg  
(Open & Closed Toe)  
Knee-highs, Thigh-highs  
& Pantyhose



# Style

## Hosiery

# sigvaris

Style hosiery feels luxurious, looks beautiful, and will give you the confidence to let your personality shine. The fashionable design allows you the freedom to express yourself whether you're going to the office or attending a special occasion.

### STYLES & COMPRESSION LEVELS

#### Medium Sheer

20–30mmHg  
(Closed Toe)  
Knee-highs, Thigh-highs  
& Pantyhose

#### Sheer

15–20, 20–30, 30–40mmHg  
(Open & Closed Toe)  
Knee-highs, Thigh-highs  
& Pantyhose

#### Patterns

20–30mmHg  
(Closed Toe)  
Thigh-highs & Pantyhose

#### Soft Opaque

15–20, 20–30, 30–40mmHg  
(Open & Closed Toe)  
Knee-highs, Thigh-highs & Pantyhose

# Feel Empowered With Your Style



Medium Sheer



Soft Opaque



Sheer



Patterns



Designed with  
Moms in Mind



## DID YOU KNOW?

- 30% of women who are pregnant for the first time, and 55% of women who have had two or more full-term pregnancies develop varicose veins.<sup>8</sup>
- Pregnant women have 4X the risk of developing blood clots.<sup>9</sup>
- Wearing compression during pregnancy can help prevent leg swelling, varicose veins and spider veins.<sup>10</sup>

## MATERNITY PRODUCTS

### Soft Opaque

Maternity Pantyhose

15-20mmHg , 20-30mmHg

### Sheer

Maternity Pantyhose

20-30mmHg



# Style

## Socks

# sigvaris

## Feel bold with your style

Style socks bring eye-catching patterns and classic shades to a traditional design. Combining a comfortable fit with modern benefits, Style socks allows you to feel confident and luxurious whether you're spending the day in the office or running errands around town.

### Sea Island Cotton



Microfiber Patterns



**NEW**  
Gray Plaid

Microfiber Patterns



**NEW**  
Mariner Stripes

Microfiber Patterns



**NEW**  
Black Plaid

Microfiber



STYLES &  
COMPRESSION LEVELS

**Sea Island Cotton**

20–30mmHg  
(Closed Toe)  
Knee-highs

**Microfiber**

15–20, 20–30, 30–40mmHg  
(Closed Toe)  
Knee-highs

**Microfiber Patterns**

20–30mmHg  
(Closed Toe)  
Knee-highs





# Motion

## Socks

# sigvaris

## The Power to Move

When your hard-working legs need an even harder-working sock, the Motion line will be your new go-to. Give yourself the freedom of an active lifestyle. Whether you're climbing mountains or simply keeping up with your kids on an evening walk, you can feel confident knowing your legs are getting the support they need. If you are looking for a sporty, trustworthy sock, the Motion line has your legs covered.

### Thermoregulating Merino Wool



### Thermoregulating Merino Wool



### High Tech



### Cushioned Cotton



### STYLES & COMPRESSION LEVELS

#### Thermoregulating Merino Wool

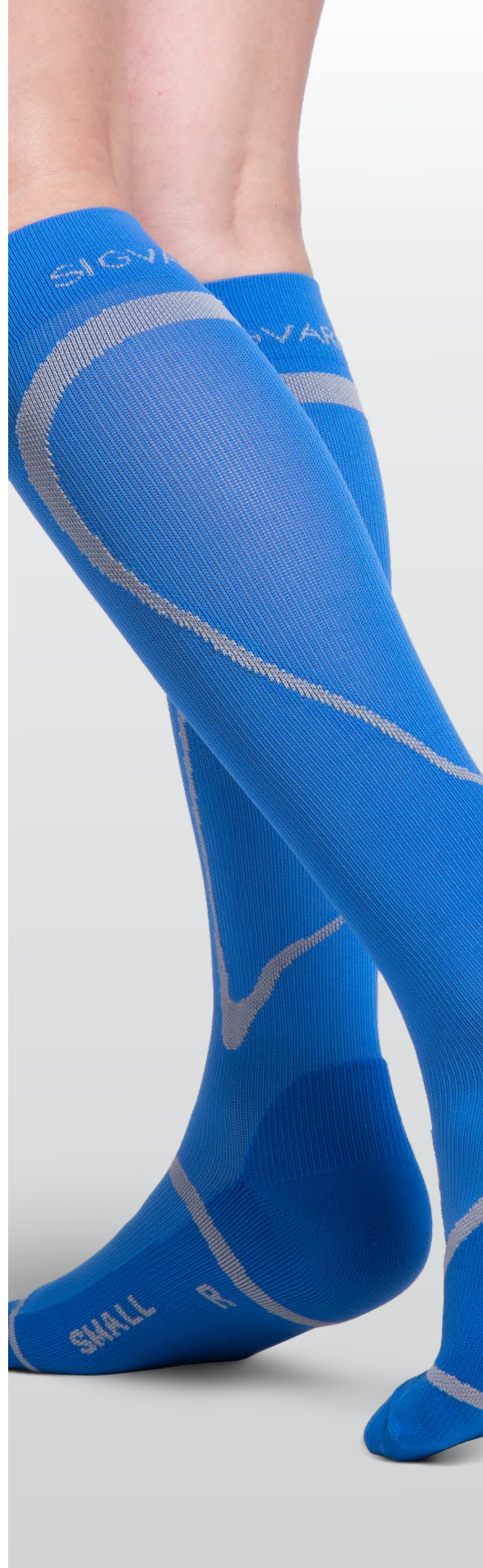
20–30mmHg  
(Closed Toe)  
Calf

#### Cushioned Cotton

20–30mmHg  
(Closed Toe)  
Calf

#### High Tech

20–30mmHg  
(Closed Toe)  
Calf





# Specialty

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Arm & Leg

Take care  
of yourself





# sigvaris

The Specialty line was created for the treatment and management of advanced medical needs including advanced venous conditions, wound care management, lymphatic support, and diabetes needs. You will find that living a healthier and more active life will be easier with Specialty products.

## Natural Rubber



## Secure Armsleeve



## Secure



## Diabetic Compression Socks



## Advance Armsleeve



## STYLES & COMPRESSION LEVELS

### Natural Rubber

30–40, 40–50, 50–60mmHg  
(Open Toe)  
Knee-highs, Thigh-highs, Thigh w/grip-top,  
Thigh-high w/waist attachment, Pantyhose

### Secure

20–30, 30–40, 40–50mmHg  
(Closed Toe & Open Toe)  
Knee-highs w/grip-top,  
Thigh-highs w/grip-top

### Secure Armsleeve, Glove & Gauntlet

15–20, 20–30, 30–40mmHg  
Armsleeve w/grip-top, Glove, Gauntlet

### Diabetic Compression Socks

18–25mmHg  
(Closed Toe)  
Knee-highs

### Advance Armsleeve

15–20, 20–30, 30–40mmHg  
Arm with Gauntlet, Arm without Gauntlet



# SIGVARIS WELL BEING

## Socks & Hosiery

### STAY WELL IN SIGVARIS

SIGVARIS GROUP'S Well Being collection is designed for everyday wear while delivering extraordinary health benefits, all from a simple shoe-sized sizing system. So go ahead and walk more, run more, travel more, play harder and work harder than ever before.

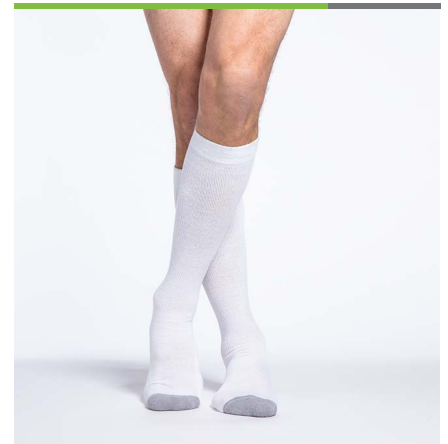
#### CLOSED TOE SOCKS *for women & men*

- ▼ 8–15mmHg  
EVERSOFT DIABETIC SOCKS
- ▼ 15–20mmHg  
CASUAL COTTON  
CUSHIONED COTTON  
SEA ISLAND COTTON  
MICROFIBER SHADES  
ALL-SEASON MERINO WOOL  
ATHLETIC RECOVERY SOCKS
- ▼ 20–30mmHg  
PERFORMANCE SLEEVES

#### MICROFIBER SHADES



#### ATHLETIC RECOVERY SOCKS



#### PERFORMANCE SLEEVES



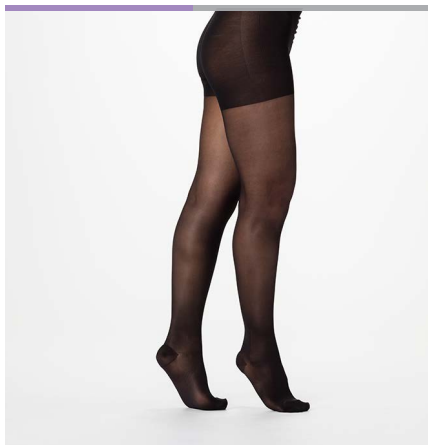
#### SEA ISLAND COTTON



ALL-SEASON MERINO WOOL



SHEER FASHION



MICROFIBER SHADES



SOFT SILHOUETTE LEGGINGS



CASUAL COTTON



SHEER FASHION



## HOSIERY PRODUCTS *for women*

▼ 15–20mmHg

### SHEER FASHION

Open & Closed Toe  
Knee-highs, Thigh-highs  
& Pantyhose

### SOFT SILHOUETTE LEGGINGS

Legging & Maternity



# sigvaris

## Solutions for medically complex edema

### Compreflex<sup>®</sup> Reduce

#### INTELLIGENT DESIGN

Compreflex Reduce is a simple and effective system used during early decongestive phase of lymphedema therapy.

Replacing the need for traditional bandage wrapping, each Compreflex Reduce garment can be repeatedly cut to fit and easily assembled. The ability to customize the garment is ideal, as patients in decongestive therapy experience consistent changes in limb size.



#### Compreflex Reduce

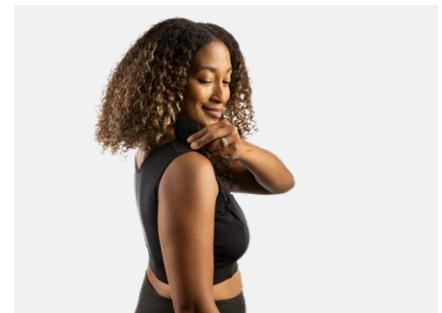


Foot, calf,  
knee & thigh  
garments

#### CUSTOM GARMENTS



When a personalized solution is needed, SIGVARIS GROUP is standing by with customized solutions. We offer custom-sized stockings in **Natural Rubber**, **Cotton** and **Opaque** lines as well as compression garments for the treatment of chronic edemas and lymphedema in the upper and lower extremities.



# Compreflex®

ACCURATE COMPRESSION WITH AN EASY FIT



20–50mmHg



The Compreflex line includes various upper and lower extremity compression garments and is perfect for patients with:

Chronic Venous Disease

- Chronic Venous Insufficiency (CVI) including, but not limited to: ulcer due to venous stasis
- Lymphedema - Active and Maintenance
- Non-specific or post-surgical edema

## Coolflex™ Standard Calf

LIGHTWEIGHT AND BREATHABLE

For management of chronic venous disease, active venous ulcers and edema of different comorbidities.

The Coolflex Standard Calf offers lower leg compression, ideal for the management of chronic venous disease in all patient groups. Those with an active venous leg ulcer benefit from the lightweight material and thermoregulating properties of this garment.



20–50mmHg



### Coolflex Standard

The Coolflex Standard Foot is a low profile garment offering variable compression, with the same breathability as the calf wrap, that conforms to the shape of the foot. The low profile allows most users to wear the product in a shoe.

## Day and night compression garments

A full line of comfortable inelastic medical compression garments for day and night wear; washable and designed to provide therapeutic results.

### Chipsleeve® Standard Arm



15–25mmHg



### Medaform® Standard Calf & Foot



30–40mmHg



## Stay connected with **Sigvaris**

### FIND A RETAILER:

Visit **sigvaris.com**

### BECOME A DEALER:

1.800.322.7744

**sigvariscare@sigvaris.com**



<sup>1</sup> Rabe E et al. Indications for medical compression stockings in venous and lymphatic disorders: An evidence-based consensus statement. Phlebology 2018; Vol. 33(3) 163–184.

<sup>2</sup> <http://www.woundsinternational.com>

<sup>3</sup> Fronek HS, Bergan JJ, et al. The Fundamentals of Phlebology: Venous Disease for Clinicians. 2004. pg 151.

<sup>4</sup> Journal of Occupational & Environmental Medicine;39(9):889-894, September 1997.

<sup>5</sup> Wu, Stephanie C., et al. "Safety and efficacy of mild compression (18–25 mm Hg) therapy in patients with diabetes and lower extremity edema." Journal of diabetes science and technology 6.3 (2012): 641-647.

<sup>6</sup> Rockson, Stanley G., and Kahealani K. Rivera. "Estimating the population burden of lymphedema." Annals of the New York Academy of Sciences 1131.1 (2008): 147-154.

<sup>7</sup> Best Practice for the Management of Lymphoedema. International consensus. London: MEP Ltd, 2006.

<sup>8</sup> Swiss Medical Weekly 2001; 659-662

<sup>9</sup> Marik, Paul E., and Lauren A. Plante. "Venous thromboembolic disease and pregnancy." New England Journal of Medicine 359.19 (2008): 2025-2033.

<sup>10</sup> Allegra C et al. Acceptance, compliance and effects of compression stockings on venous functional symptoms and quality of life of Italian pregnant women. International Angiology 2014; 33:357-64.

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